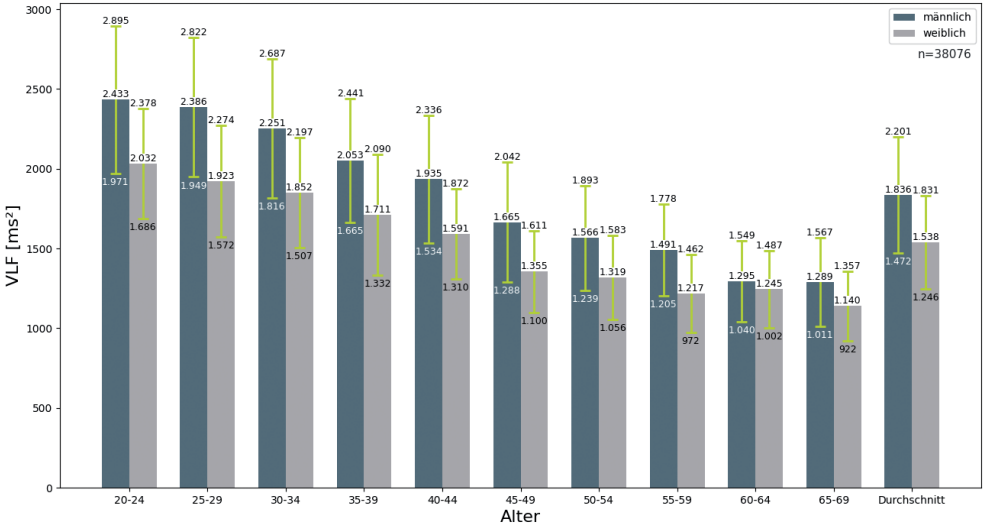

Abb. 4.24 VLF gesamt Männer und Frauen (Quelle: Autonom Health®, 2021).